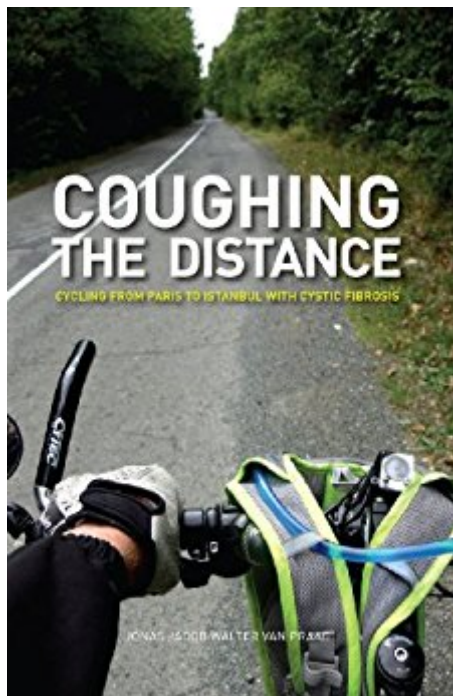


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# Coughing The Distance - From Paris To Istanbul With Cystic Fibrosis: Cycling From Paris To Istanbul With Cystic Fibrosis



## Synopsis

Walter is an inspiring 42 year old male with Cystic Fibrosis. His lung function is well below 50% of what it should be, but he has decided to cycle from Paris to Istanbul. He brings with him a team of friends consisting of a film-guy Lucas, a journo called Heather, mate David is the medic and Troy is the mechanic who will also drive the support vehicle. Will they make Istanbul in one piece? Read about their adventures as they battle with infections and breakdowns. People with CF currently live to be about 35 years of age, when Walter was diagnosed in 1975 people lived to be about 20. People born with CF today may well live much longer, who knows what research will bring!

## Book Information

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